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| Name: ms. Sangeetha | Reg No: 11-8smmhc18 |
| Age / Sex:28/f | Contact No: 8861760791 |
| Marital Status:single | Date: |
| Occupation:qual: bcom. Working as software | Dr. |
| Address:  Native of bengaluru | DIAGNOSIS- |

1. From 2016 has gall stones and renal calculi since 2017. Getting treated at v care for hypothyroidism and pcod. Due to money fr kidney stones coming to me.

* Pricking pain. < mng
* Gastritis – getting more gas. Constipation and slow stool. Cant work also. Feels pain in the abd catching type.

1. Periods 7 days getting delayed.

Sweats more on feet and palm….

Rx:

1. Lyco1m- 4-4-4-4 2 drm
2. Chelidonium 30 – 4-4-4-4 2 dram
3. Bryonia 30 – 4-4-4-4. 2 dram
4. Berb v +card murQ chelid Q – 10-10-10 drops in ½ glass water. a/food.
5. Disc 4-4-4-4.

22/9/18: 3 days onwards full pain and urge to go to motion a lot. Bloating in the abdomen. Side loins pain. frequent urge for motion. Lmp: 14/9/18. Din take vcare homoeo.

Rx:

1. Chelidonium1m/bryonia1m – 4-4-4-4.
2. Colocynth200+nux vom200- 4-4-4-4.
3. Berb vulgaris 30 – 4-4-4-4.

9/10/18: Sunday 3 hours had pain. frm 3 days a lot gastric as if tummy is catching. Headache also got. Heaviness in head. Hairfall. Had constipation and had to strain a lot after 2 days released.

* Pcod pbm since school days 10th std onwards.
* Menarche: 12 yrs.

Sept 15 , aug 1st,

10 days before gets wd.

f/h:

* Mom: dm, bp, ear deafness,
* Dad: died due to ca. blood ca. alcoholic (pt was 12 years).
* Has one elder sis : healthy married.
* Mgm: dm.

p/h:

* Jaundice – 8th std. after jaundice only all the problems started like pcod and all.

Likes cool weather.

Rx:

1. Cholestrinum1m – 3 pills morning b/food.
2. Fel tauri 3x 4-0-4 .
3. Carcinosin 1m /calcarea carb 1m – 4-4-4-4 for 3 days weekly.
4. Bell1m/acon1m/mag phos1m – 4 pills sos stmach pain – 3 pills sos – 15 g pills 40 size.
5. Sepia30- disc 4-0-4 .
6. boldoQ+cardus mur Q +berb vulgQ+ solidagoQ – 10-10-10 drops a/food water.
7. Thuja 1m – weekly b/food mng. 4 doses.
8. Nux vom1m+colocynth1m+ipecac 1m – 4 pills sos. Stone pain. 15 g 40 size pills

12/11/18: COLD, NOSE BLOCK, THROAT PAIN SINCE 2 DAYS. GASTRIC. MNG PROBLEM IN MOTION AT TIMES. 24/11/18 LMP. BLEEDING FR 2-3 DAYS. HAIRFALL INC. MILD PAIN IN FRONTAL SINUS.

FIRST 1 WEEK:

* HEPAR SULPH 200/NUX VOM 200/BELL200 – 4-4-4-4
* SIL 6X 4-4-4-4.

1. Cholestrinum1m – 3 pills morning b/food.
2. Fel tauri 3x 4-0-4 .
3. THUJA200/calcarea carb 200 – 4-4-4-4 for 3 days weekly.
4. RHUS TOX 30/GRAPH30 – 4-4-4-4.
5. Bell1m/acon1m/mag phos1m – 4 pills sos stmach pain – 3 pills sos – 15 g pills 40 size.
6. Sepia200- disc 4-0-4 .
7. boldoQ+cardus mur Q +berb vulgQ+ solidagoQ – 10-10-10 drops a/food water.
8. FOLLICULINUM 200 – weekly b/food mng. 4 doses.

24/12/18: hairfall increased. Feels baldness. Hairgrowth on upper lip. Pain in the abd at times. Headache more. Left side more pain but shifts at times. Pricking type pain cont. full head also becomes painful. . Tension more. Gastritis. Lil anger is giving her stress. Lmp: 20/11/18. Flow also good. Motin better but still there. Wt: 75.1 kg

Rx:

1. Medo1m – 1 dose.
2. Sepia 1m 1 dose. 4 doses – weekly.
3. Apis 200 – 4 pills sos headache.
4. Nat phos 6x 4-4-4-4
5. Lyco 30+nux vom30+colocynth30+chelidoium30 – disc 4-4-4.
6. Rub 60- 1-0-1 b/food.

16/2/19: gastritis. Upper abd lot of pain. motion feels like going but nt coming. Unable to clear up. Pricking pain a lot. Weakness also. Hairfall. Lmp: 26/1/19. Every month late by a week.headache also ther. More eructations. Burning sensation in stomach.

1. Alumina 1m – 4-4—4-4
2. Chinoathus q – 20-20-20.
3. Magcarb 200 – 4-4-4-4
4. Fel tauri 3x – disc.
5. Thuja 1m - qid

20/3/19: PAIN RT HYPOCHONDRIUM. < THINKING OF AILMENTS. AT HOME HEADACHE FRM AFTERNOON AND STAYS TILL SLEEPS IF STAYS AT HOM. >DIVERSION , OFFICE. BLOATING AFTERNOON. CONSTIPATION. MUST GO TO STOOL PASSING FREQENTLY. IF DOENST HAPPEN NORMALLY BLOATING INCREAES. HAIRFALL. CORNS ARE REDUCING BUT PAINFUL AT TIMES. LMP: 27/2/19. 26/1/19. SKIN RASHES SMALL ROUND RUND ERUPTIONS.

RX:

1. KURCHI/HYDRASTIS/BOLDO/ – 15-15-15 DROPS A/FOOD.
2. MAG CARB 1M/FEL TAURI1M/CARDUS MAR 1M- 4-4-4-4.
3. RUB 30 – 1 TAB NIGHT B/FOOD.

13/4/19:

Lmp: april 6th . pain and weakness more. 2 days only flow. Headache once in a week mst take pain killer.

Rx:

1. KURCHI/HYDRASTIS/BOLDO/ – 15-15-15 DROPS A/FOOD.
2. MAG CARB 1M/CARDUS MAR 1M/thuja1m- 4-4-4-4.
3. RUB 30 – 1 TAB NIGHT B/FOOD.
4. Fel tauri 3x 4-4-4-4.

18/5/19: lmp: 15/5/19: 10 days delay. Scanty bleed but painful. Gastric is painful. If releases gas feels free. Back pain pricking right side. Dandruff and hairfall. Headache ok but if comes increase. Wt: 78.3kg

Rx:

1. Colocynth 1m/staphy1m – 4 pills sos pain.
2. Ant crud 1m – 4 pills mng
3. Lyco 1m- 4 pills aftrn
4. Cardus 1m evening 4 pills.
5. Nux vom 1m – 4 pills night
6. Fel tauri 3x/berb vulg/sarsaparilla 6c.

16/8/19: lmp: 19th june 2019. Dandruff and hairfall same. Headache better. Abd pain same. Pimples more. (my obs is normal. Her marriage is in oct) clean bald tongue.

Rx:

1. Gall set – 15-15-15 a/food water 2 bottles.
2. Berb vulgaris/cardus mur/fel tauri 1m – disc 4-0-4
3. Kali carb 1m – 4-4-44- for a week.
4. Colocynth 1m/staphy1m/ipecac 1m – 4 pills sos pain.
5. Fel tauri 3x/berb vulg/sarsaparilla 6c.
6. Nat phos 200 – disc 4-0-4 b/food.